

NAKASHIBETSU LIFE



The experiences you see and learn first hand become part of you. Living in Nakashibetsu, will create your future.







Nakashibetsu is easily accessible even from Tokyo

Located in the inland eastern part of Hokkaido, Nakashibetsu is a base city that attracts people from the surrounding areas, not only because of its core industry of dairy farming, but also its developed commerce and industry as a strategic transportation hub. Due to its airport, the city has great access to neighboring cities as well as Tokyo, making it a thriving gateway to eastern Hokkaido. The living environment allows residents to lead a worry-free and comfortable lifestyle, with extensive medical and welfare services, as well as cultural, sports, and commercial facilities.

Nakashibetsu/
Nakashibetsu Airport

Sapporo/
New Chitose Airport
Okadama Airport

Conveniently located about 100 minutes from Tokyo by airplane











Excellent access from the airport

Nakashibetsu Airport, with its vast land and idyllic scenery, is the easternmost airport in Japan. Located within a radius of approximately 100 km from the airport are the World Natural Heritage site of Shiretoko National Park as well as Akan-Mashu National Park and Kushiro Shitsugen National Park, providing an important gateway for sightseeing in East Hokkaido.

Be welcomed to the airport by these adorable cows!

Convenient shopping

Convenient and worry-free everyday shopping is available at large shopping complexes such as Tobu South Hills, as well as supermarkets with halal sections.







Nakashibetsu Initiatives

We aim to create a comfortable place to live by actively engaging in cultural exchanges with people from various countries who live in Nakashibetsu.

Interaction

In order to learn about religious and cultural differences, we hold food culture exchange events where participants can prepare dishes from various countries and interact with each other.





Workshops







We provide opportunities for visitors to experience Japanese culture and the Nakashibetsu's industries.



Living in Nakashibetsu and learning how to work in the future

Acquiring advanced business and agricultural skills in addition to Japanese language skills in the enriched environment of Nakashibetsu, with the aim of becoming industry leaders.









Nakashibetsu has various facilities and environments where foreign residents can learn the technologies that will create the future in a worry-free environment.



Friendship

The first step towards their dream was meeting like-minded people and living in Nakashibetsu.

Work

There are many opportunities to interact with the people of Nakashibetsu and learn through work.



Learning about life and culture in Japan with fellow students

Students can learn about Japan through their daily lives and develop the ability to create the future.





Everyone was very kind to me at the festival, and I was able to provide positive feedback to my family who live far away from me because I had such great memories!



STUDY in NAKASHIBETSU

Iwatani Higashi Hokkaido Japanese Language School

Nishitake 1285-3, Nakashibetsu-cho, Shibetsu-gun, Hokkaido 088-2685 Tel: 0153-78-1022 E-mail: iwatani-nn-jls@icb.ac.jp URL: http://icb-nihongo.jp/page/higashihokkaido





High success rate with proper guidance towards higher education, and enjoyable learning tailored to the level and purpose of the students

Requirements

- (1) Those who have completed 12 years of school education in a foreign country, or its equivalent.
- (2) Those who have sufficient will and ability to study Japanese language.

A. The applicant's Japanese language proficiency must be at least N5 of the Japanese Language Proficiency Test, 250 points or above in J.TEST E-F level, or at least level 5 of the NAT-TEST.

B. The financial sponsor must have funds available equivalent to the cost of tuition and living expenses during the period of study in Japan (approximately US\$30,000).

Swatani ENJOY EDUCATION

School Information

Japanese Language Program (2-year program, April enrollment, capacity of 50 students)

This course is designed for students who wish to enter a Japanese university, graduate school, or vocational school after two years of Japanese language study.

Class hours

Monday - Friday (double-shift system) Morning class 9:00 - 12:10 Afternoon class 13:10 - 16:20





Learning at Iwatani

We recommend acquiring N4 level or higher Japanese in your home country to make your life in Japan more fulfilling after you arrive. In the Japanese Language Program, students aim to obtain N1 to N2 level.

Course Subjects

General Japanese, Reading Comprehension, Vocabulary, Conversation, Writing, Listening Comprehension

Level

Beginner to Advanced

Class

Classes are organized according to ability, and helpful guidance is provided based on the level of Japanese language proficiency.





Students learn about Japanese culture and language through presentations of their home country and Nakashibetsu.



Learn while experiencing Japanese culture!

Classes incorporating various events

There are many things to learn through experiencing Japanese culture, enjoying winter activities unique to this winter wonderland, and other activities.



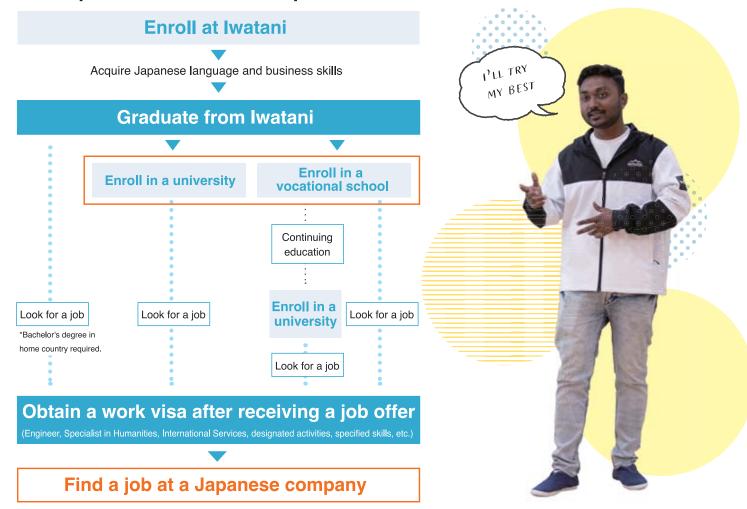
Learn Japanese culture at school events as well

Students participate in festivals and other events held in Nakashibetsu and learn about Japanese culture while interacting with the townspeople.





Conceptual outline of career path after enrollment at Iwatani



Iwatani Higashi Hokkaido IT College

Japan's first IT college for agriculture and dairy farming as well as commerce, industry, and tourism is scheduled to open in Nakashibetsu.

The school will train the next generation of IT specialists with a diverse and practical curriculum that meets the needs of the times.

Agriculture and Dairy Farming IT Course

Developing specialized professionals in IT related to agriculture and dairy farming for the next generation of Smart Dairy Farming.

Commerce, Industry, and Tourism IT Course

The course provides specialized training in a wide range of business and tourism-related technologies, and fosters professionals with comprehensive skills that will be immediately effective in the tourism industry, which is becoming increasingly IT-driven.



URL: https://ihit.ac.jp



DORM

The dormitory, where international students from all over the world live together, is designed to both provide a space for everyone to spend time together and for private time to spend alone.



The exterior of the building has a relaxing ambience.



Living room

The living room is a space where people can have fun, talk, and share meals together, while providing support for each other.



The kitchen was designed with enough space to make cooking easy by yourself or with others. There is also a refrigerator and other appliances in each room, so you can have food necessary for cooking on hand.



Everyday Life

There are supermarkets and other shops in the center of Nakashibetsu so you won't have any trouble buying what you need.







Interviews with **International Students**

We spoke with two current students about studying and living in Nakashibetsu.



Why did you choose to study abroad in Nakashibetsu?



Education in Japan is at a very high level, and I have always dreamed of going to Japan since I was little. I wanted to concentrate on my studies in a quiet environment, so I am glad I chose a school in Nakashibetsu.



What do you think about the learning environment after coming to Nakashibetsu?



The teachers are very kind and even if there is something I don't understand, they teach me in a friendly way so that I can understand, just like a family member, which is really helpful. Nakashibetsu is a quiet place where I can concentrate on my studies, just as I had envisioned before I came here. I spend my free time talking with my friends, but I am also thinking about my future and studying to take the Japanese language test and enter university.







with hopes of going on to university.



What is your vision for the future?



After graduating from Japanese language school, I want to go to university at Hokkaido University or Keio University. I would like to study business administration there and earn a doctorate.

After graduating from university, I would like to work for a Japanese company as a business professional.



What do you do for part-time work?

I work at a 7-Eleven. I was worried about my Japanese because I have to talk to people a lot, but everyone in town is very kind and speaks slowly. They also tell me many things about Nakashibetsu, so I have a lot of fun.

Yoon Yamone







Studying is hard work, but I am doing my best for the future!

Why did you choose to study abroad in Nakashibetsu?

When I started thinking about studying IT, I decided to study in Japan because I heard that Japan is one of the best in Asia in both studies and companies. I was referred to Nakashibetsu by a school in my home country, and I also did some research online. My family supported me in coming to Japan, so I was able to come here without any worries.

What do you think about the learning environment after coming to Nakashibetsu?

The people of Nakashibetsu, both teachers and townspeople, are all very kind and I feel that it is very easy to live here. I enjoy learning many things besides Japanese language through going to places where I can experience Japanese culture and beautiful sceneries together with my classmates. When I was in my own country, I played soccer, volleyball, and cricket, and I love to be physically active. Therefore, when I have free time, I like to refresh myself by playing sports in the gym and talking with everyone.



I also learn a lot from my part-time job.



After graduating from Japanese language school, I plan to go to university. I am still looking for a university in Tokyo. Once I study IT at university, I would like to work in cyber security and programming technology.

Someday, I would like to own my own company somewhere in the world.



I work at a yakiniku BBQ restaurant. I gain valuable experiences such as preparing meat, carrying dishes, and many other things, and it is also a good opportunity to practice my Japanese! Everyone around me is very supportive, so I feel at ease working here!

I can also enjoy the food and have come to love yakiniku BBQ!





ENJOYING

WORKING In Nakashibetsu, there are many companies that are actively engaged in accepting foreign nationals as workers. There, you can make use of your high level of skills and work in a rewarding environment. CASE 1

CAR DOCK SP



INTERVEW

MATSUDAIRA
Masanobu,
Representative Director

We believe in continuing to grow, today more than yesterday, and tomorrow more than today

In February 1980, I and one other employee started the business as an auto body shop. Initially, we mainly performed car maintenance work such as body work and painting, but in 1983, three years after starting the business, we developed a new sales route and added car sales as a new business. Since then, we have been able to expand into various businesses by valuing human connections and the trust of our customers, and as of 2023, we have grown to a company with 24 employees.

I was interested in doing business overseas before establishing this company. After starting my own business, I thought about expanding overseas. I was determined to establish a factory in Myanmar and made various attempts, but the local system and financial barriers were so high that I had to give up on the idea.

Thinking about what I could do for the local people I had connected with there, I held a course in Myanmar to help them qualify to handle gasoline-powered vehicles in Japan. More people came than I expected and I was surprised in the level of learning abilities and the superiors skills of some of them.

Although it was difficult to establish a business as a factory, we had opened a car wash business and a Japanese restaurant for these people and secured a connection with the local community.

In the 2010s, I was having trouble securing new employees in Japan, and I heard that a company of someone I knew was hiring people from overseas. At that time, the environment for the foreign technical internship system was not yet in place, and it was difficult to hire them as maintenance workers, so we gave up on the idea. Then, in 2017, the foreign technical training system changed, and I was finally able to proceed with my long-cherished dream of hiring foreigners in the maintenance department.

Our overseas workers have high aspirations, and by working hard, they are acquiring new skills every day. We also hold in-house Japanese language classes to give something back to them. By doing so, we are trying to create an environment in which they can focus all their energy on their work by eliminating any worries they may have about communication.

As the number of workers increased, so did the workload, and by rebuilding the factory in 2001, we were also able to create an environment where various operations could be performed within a single factory.

I have been able to continue my business for a long time, and I am truly grateful to my employees, their families, and the local community for their constant support.

No matter how the automobile-based society develops in the future, we will strive to continue to provide technology and reliability that provides peace of mind by working together as one with competent professionals both overseas and locally.



VOICES

Interview with a foreign worker



Why did you choose Japan to work overseas?

I love cars, and since I was in Myanmar, I have been assembling cars, although not for maintenance. Therefore, I chose Japan because I wanted to work in such a job and wanted to gain experience, acquire techniques, and improve my abilities here, where I can learn advanced skills.

Here I am in charge of inspections and repairs, focusing on car maintenance.

I enjoy my work and my life is good, so I would like to obtain a visa with a Specified Skilled Worker status and continue to work in Nakashibetsu for many years to come.

What do you find difficult and what do you find enjoyable about working in Nakashibetsu?

I have all different types of problems every day while studying Japanese which is hard. However, my more experienced colleagues help me and a Japanese teacher comes to the company once a week to teach me, so I feel that my Japanese is getting better and better, which makes every day more enjoyable. Also, Nakashibetsu is surrounded by nature, such as mountains and the sea, so I enjoy going out to various places on my days off. Everyone at the company took me to a festival, and I have very good memories of seeing the stalls and the mikoshi portable shrines.





I can experience many things in Nakashibetsu making every day enjoyable!





Please tell us about your life in Nakashibetsu.

In my daily life, when I went to the dentist because of a toothache, I felt relieved when the dentist treated me kindly and courteously.

In Nakashibetsu, when I suffer an injury, medicine is readily available, and when I get sick, the people at work take me to the hospital right away, so I rarely ever feel uneasy.

Nakashibetsu is a great place to live and save money without having to spend much. Everywhere you go is safe and everyone is kind making it a very comfortable place to live.

There are places to have fun here, and if you drive a little outside the city, there are good places for sightseeing, so I think it is a good place for people who like nature. Also, since Nakashibetsu Airport is located here, it is a very convenient location for going anywhere, such as Tokyo and Sapporo.







INTERVEW

HONDA Masashi, Representative Director

Aiming to expand business through ICT

I am a fourth generation dairy farmer in Nakashibetsu, Hokkaido, focusing on cattle since our family settled here. Until 30 years ago, when I started to get involved in this business, we had a stall barn with 30-40 cows. After that, we increased the number of cows every year and have up to 100 cows in the stall barn where my family and one employee work.

We had been milking cows manually with a pipeline milking system, but milking by hand was too difficult, so we considered introducing robotic milking machines.

The national livestock cluster program was also in place, and we introduced mechanization in 2016 after two years of planning and preparation starting in 2014.

Since our goal was to expand the scale of our business, we joined KENEBETSU Agriculture Cooperative's TMR center around 2012. TMR is a mixed feed containing a good balance of roughage, concentrate, minerals, vitamins, and other ingredients, and is said to be a complete meal for cows. Nakashibetsu has four large centers that can supply TMR, and the area is capable of providing a stable supply of high-quality feed, which greatly reduces the amount of labor required for feeding, allowing us to concentrate on other tasks.

Our goal is to increase our number of cows in order to expand the scale of our dairy farming operations, but we are still milking some cows by hand, so we would like to promote ICT to achieve our goal of 100% robotic milking machines.

In the eastern part of Hokkaido, ICT has been widely used in dairy farming, especially in Nakashibetsu, which is one of the most ICT-intensive areas in the country.



Right now, I have one overseas worker in my company with a Specified Skilled Worker status, one who aims to acquire the Specified Skilled Worker status next year, and one who plans to come to Japan after this.

The reason for hiring overseas workers was that I had the impression that although there are people in Japan who work in dairy farming, there are not many who have high aspirations, and those from overseas have a positive attitude about working, even if they have various different objectives. I was impressed when I heard a person with a Specified Skilled Worker status who is working now say that in the future, they would like to work in their country helping underprivileged young children, and I realized that foreigners are more conscious about their work and that this is very inspiring for us as well.

We would like to continue to hire overseas workers, and in the future, create a workplace where a foreigner manages and guides the overseas workers.

VOICES

Interview with a foreign worker

Why did you choose Japan to work overseas?

When I was in high school, my homeroom teacher was a Japanese teacher, and so I was taught Japanese. Therefore, I became interested in Japan and studied abroad for two weeks when I was a student.

After experiencing Japanese culture, I really wanted to

After experiencing Japanese culture, I really wanted to live in Japan, and when I found out that a Training Visa was available, I decided to live in Japan.



What do you find difficult and what do you find enjoyable about working in Nakashibetsu?

Before working in Nakashibetsu, I had never come into contact with animals, and I was scared at first because Japanese cows are so much bigger than cows in Mongolia.

But as I worked here, I gradually got used to it, and now I am completely fine with it.

The work here is very convenient because it is managed by data and there is an automatic milking machine, so milking can be done by simply operating the panel.

I am also in charge of raising calves, and I find it very rewarding to be entrusted with a whole series of tasks, such as treating cows when they get sick until they get better.



I'M HAVING FUN EVERY DAY



Please tell us about your life in Nakashibetsu.

I have been living in Nakashibetsu for 5 years and would like to continue working here as a full time employee.

I currently hold a Specified Skilled Worker status, and the company I am working for now supports me in obtaining this status, which is very helpful.

My sister, who is a university student, is coming to visit soon, and there are many beautiful places around here that I want to show her, such as the amazing scenery and the shibazakura moss phlox. There is a large shopping complex in Nakashibetsu that has clothes, McDonalds, and a pizza place, so I would like to take her there

Japanese food is also very tasty and I really love fried rice, which is similar to Mongolian food.



Shirendev Khorolsuren
Home country: Mongolia



I look forward to shopping at Tobu South Hills for anything I want!

WORKING

in NAKASHIBETSU



Interview with a foreign worker



CASE 3



Why did you choose Japan to work overseas?

Before coming to Nakashibetsu, my friend had come here on a school exchange program and had interacted with the local people, so I asked them to tell me about the town. When I came to Nakashibetsu, I was thrilled to see deer, foxes, and other animals that I had never seen before.

Before I came here, I expected to see a town with many rice paddies and fields surrounded by nature, so I had a similar impression to the countryside of Vietnam, but after actually living here, I could see the difference between the Vietnamese countryside and the Japanese countryside. I think Nakashibetsu is an urban town with many stores and everything is convenient for daily life.

YAKINIKU AND MISO RAMEN TASTE GREAT! Le Thi L Home coun

What do you find difficult and what do you find enjoyable about working in Nakashibetsu?

I came to Japan as an international student, and later, after graduating from a Japanese language school in Yokohama, I found a job at the Nakashibetsu Town Hall. Here, I provide support and organize exchange events to make it easier for foreign residents to live in Nakashibetsu. Everyone around me is very supportive and helpful, even when I have to do difficult things such as filling out forms at work.



I also make multilingual pamphlets for foreigners.

Please tell us about your life in Nakashibetsu.

I make my own bento lunch on work days. I enjoy coming up with food ideas and original recipes. Keeping in touch with my family in Vietnam via Facebook about once a week is a great way to refresh myself. Nakashibetsu has an airport and many shops such as supermarkets, so it is very convenient. In summer, I enjoy living a healthy lifestyle surrounded by nature, such as the spacious green meadows and blue skies.

In addition, the town is building a comfortable environment for foreigners to live in by organizing exchange events between foreigners and locals, events to experience Japanese culture, and more. I would like to continue to try out various things in Nakashibetsu and enjoy my life in Japan.

Le Thi Luyen
Home country: Vietnam







Interview with foreign entrepreneur

VOICES

CASE 4



I was able to make my dreams come true with the support of everyone in Nakashibetsu!

It has been 18 years since I came to Japan. I first married a Japanese woman in Thailand and later came to Nakashibetsu, where my wife is from.

I had to learn Japanese on my own, but with the support of my wife and the people of the town, I was able to fulfill my dream of opening my own business.

It was difficult because I came to Japan not speaking Japanese and was worried about the language difference. Also, I started my business during the COVID-19 pandemic which was tough. However, with the help of my family and people in town, I am now enjoying operating my massage business.

At first I worked as a massage therapist at a hotel in Nakashibetsu. I was able to open my own massage business with the support of my clients at that time. Since opening a business is difficult with savings alone, I also took advantage of support at the town office and the support programs offered by Nakashibetsu. I thought it would be difficult in Japanese, but the people around me provided a lot of support, and the process went smoothly. I

am very grateful for everyone's help in getting my business started.

I have also opened a hotel in the neighboring town of Rausu, and through my Facebook connections, guests from overseas have come to stay here and I have taken them to some sightseeing spots.

I love Nakashibetsu so much that I hope to continue living here for many years to come, and I would like to push myself harder to be involved in more endeavors with Nakashibetsu as a starting point.

I am really glad to have come to a town that is so comfortable to live in, with lots of nature and beautiful scenery, peaceful and pleasant living conditions, kind townspeople, and a good environment for raising children with schools, parks, and so on.

WELCOME TO

NAKASHIBETSU



I am sharing the fascination of Nakashibetsu with the world on Facebook.



I enjoy talking with customers while giving them massages.



Loephonpipat Thanawat Home country: Thailand



LIFE

in NAKASHIBETSU

Nakashibetsu offers many facilities that make life convenient, such as medical facilities, public facilities, and large supermarkets, so you can lead a comfortable life with peace of mind.





Medical care

Nakashibetsu Town Hospital

The hospital is equipped with state-of-the-art medical equipment, including MRIs, and works closely with neighboring medical institutions and other facilities to provide adequate medical care, to put your mind at ease. In addition, there is a helicopter pad on the hospital grounds, which covers the Nemuro and Kushiro regions.





Nakashibetsu Town Hall

The Town Hall staff will politely assist you if you have any problems such as dealing with procedures.





Nakashibetsu Town Cultural Center 「SHIRUBETTO」

Various events are held to experience Japanese culture, including a Japanese food tasting event, and there is also a library available for everyone to use.

Transportation

Bus Terminal

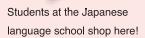
Buses can be used for transportation to and from the airport, as well as around town. The terminal is located in the center of town, making it very convenient to get around town and to the airport.

SPECIAL FEATURE

A Halal product corner has been established







A-COOP ARURU

In addition to daily necessities and foodstuffs, Halal products are available so that people from overseas do not experience any difficulties in their dietary needs due to cultural and religious differences.

Next door is the popular ramen restaurant Arajin, which is also recommended.

Exercise





Nakashibetsu Town General Gymnasium 「330°Arena」

In addition to the gymnasium, there is a training room and a running/walking course.

Staying overnight

Toyo Grand Hotel

The Toyo Grand Hotel is a safe place to stay when your family comes to visit Nakashibetsu. It is a large hotel with a hot spring, restaurant, izakaya, conference room, and wedding hall, as well as guest room features such as Wi-Fi and amenities.





restaurants, and other places to eat so there is no need to worry about your There is a supermarket for everyday shopping as well as a wide variety of daily food needs.



Shopping/Restaurants

obu South Hills

This is a large shopping mall with everything from fashion, making it a very popular spot for both a supermarket, food court, restaurants, and locals and international students.





Bistarai Bistarai **Authentic Nepalese** restaurant

This Nepalese-Indian restaurant is located in among international students who can enjoy Tobu South Hills. It is a popular restaurant the cuisine of their own country.



Frespo Nakashibetsu

center, supermarket, drugstore, and fashion facilities such as a home improvement This spot has a variety of commercial



SPECIAL FEATURE

Special feature on in Nakashibetsu popular shops

UB COFFEE

Coffee, sandwiches, the second floor is a flower store and an outdoor goods The first floor is store and café.

available for takeout.

and other items are



Osteria Felice

This restaurant offers Italian cuisine featuring ingredients mainly from Hokkaido as well as



The extensive selection of wines is another reason for the popularity of the restaurant.

Murakami Udon

among international students restaurant in East Hokkaido. The refreshing taste of udon noodles makes it a popular Japanese food restaurant The only Sanuki Udon



International students also work here.

due to its simple nature.

SPECIAL FEATURE

Special feature on popular shops in Nakashibetsu

UB COFFEE

The first floor is a flower store and the second floor is an outdoor goods store and café. Coffee, sandwiches, and other items are available for takeout.





Osteria Felice

This restaurant offers Italian cuisine featuring ingredients mainly from Hokkaido as well as



The extensive selection of wines is another reason for the popularity of the restaurant.

Japanese cuisine

Murakami Udon

The only Sanuki Udon restaurant in East Hokkaido. The refreshing taste of udon noodles makes it a popular Japanese food restaurant among international students due to its simple nature.



SIGHTSEEING

in NAKASHIBETSU

Nakashibetsu is surrounded by magnificent land and its beautiful scenery helps soothe away the fatigue of daily life. There are many sightseeing spots in the area as well, for a fulfilling experience.



Scenery

Kaiyodai Observatory



This spot is said to be a landmark of Nakashibetsu. The view of the grasslands stretching as far as the eye can see and changing colors in the morning sun are breathtaking.

Scenery

Milk Road

An endlessly straight road right next to Kaiyodai Observatory. The view is a symbol of the wide open spaces of Hokkaido.



Park

Yume no Mori Park

The park features a large sphere with obstacle courses and playground equipment.

Day camping and barbecues are permitted in the summer.





Summer

Nakashibetsu Summer Festival

This festival is held in August, and is a lively summer festival in Nakashibetsu with approximately 6,000 lanterns decorated around the Bon Odori Yagura.



Winter

Nakashibetsu Winter Festival

The festival is held in February, and is full of events unique to snowy Hokkaido, such as giant snow slides and ice sculptures.



Tourist attractions overflowing with charm located near Nakashibetsu

There are many fascinating places to visit in Nakashibetsu. In addition, the area within a 90-minute drive offers magnificent scenery and hands-on sightseeing experiences that are unique to Hokkaido, including the wetlands recognized under the Ramsar Convention.









空とみどりが人をつないでいくまち



 \sim 住みたいまち 住み続けたいまち \sim NAKASHIBETSU TOWN

Nakashibetsu Town Hall

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